



P.E. at Farnworth CE Primary School

At Farnworth, we aim to create a culture which strives to inspire an active generation to engage and embrace a wide range of physical activities which will be essential in supporting their long-term physical, emotional, spiritual, social and moral development. We want all children to experience a wide variety of sports and physical skills which will enhance life-long fitness and life choices. P.E. can challenge and promote self-esteem through the development of physical confidence and problem solving. It can teach children to cope with both success and failure in competitive, individual and team based physical activities. The ability to take the initiative and become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve, and motivating and instilling excellent sporting attitudes in others. We aim to achieve the best we can in all sporting competitions, but also aim to recognise and celebrate the success of others.

Through our provision, children can aim to flourish at sports in which they have a particular interest or flair for. Children with additional needs are provided with appropriate support to enable them to take part and gain confidence in skills, understanding and motivation. We teach the National Curriculum, supported by a clear skills and knowledge progression. This ensures that skills and knowledge are built on year by year and sequenced appropriately to maximise learning for all children.

Implementation of P.E. at Farnworth is taught by a combination of class teachers, PE specialists and qualified sports coaches. Staff are supported in their professional development and are given opportunities to develop their own skill set and build their confidence of the subject where required. Children have equal opportunities to take part in a range of sports and physical activities within a supportive environment where effort as well as success is recognised. Children are encouraged to participate in exercise through-out the day and remain physically active for sustained periods of time during PE lessons, clubs, outdoor learning, lunch provision and special events. Our P.E. curriculum is structured to provide a range of sports experiences during which every child participates to develop their skills and learning through competitive, team and individual sports.

Each year group will cover two units of work within a half term using the "Complete P.E." framework as a lesson plan template in addition to covering the aspects of physical activity mentioned in the National Curriculum such as dance, gymnastics, football and swimming. Lessons will be delivered twice a week with one lesson expected to be delivered outside. This will provide engaging and enjoyable opportunities for children to develop their interests in Physical Education.

