



PHSE at Farnworth CE Primary

What is PSHE Education?

PSHE Education (Personal, Social, Health and Economic Education) is a planned programme of learning through which children acquire the knowledge, understanding and skills they need to successfully manage their lives – now and in the future. As part of a whole-school approach, PSHE develops the qualities and attributes pupils need to thrive as individuals, family members and members of society.

What do schools have to teach in PSHE Education?

- promotes the spiritual, moral, social, cultural, mental and physical development of pupils at the school
- prepares pupils at the school for the opportunities, responsibilities and experiences of later life
- promotes British values.
- Relationships Sex Health Education (RSHE became mandatory Sept 2020. Primary pupils must receive relationships education and the government advises age-appropriate sex education).

At Farnworth School we teach PSHE through our scheme, Jigsaw.

Jigsaw brings together PSHE Education, compulsory Relationships and Health Education, emotional literacy, mindfulness, social skills and spiritual development. It is designed as a whole school approach, with all year groups working on the same theme (Puzzle) at the same time at their own level. There are six Puzzles (half-term units of work) and each year group is taught one lesson per week. All lessons are delivered in an age- and stage-appropriate way so that they meet children's needs.

Jigsaw is split into 6 themes that run across the school for each year group:

Autumn 1 Being Me In My World	Autumn 2 Celebrating Difference	Spring 1 Dreams and Goals	Spring 2 Healthy Me	Summer 1 Relationships	Summer 2 Changing Me
--	--	--	-------------------------------	----------------------------------	--------------------------------

Every puzzle (unit) is launched with an assembly for the whole school before each class explores their puzzle with age related objectives and lessons.

We also have enrichment activities to support our PSHE curriculum each year from Halton Borough Council. These include:

Fit for life (Years 3 & 4), Road Safety (KS1 & KS2), Alcohol & Tobacco awareness (Year 6)